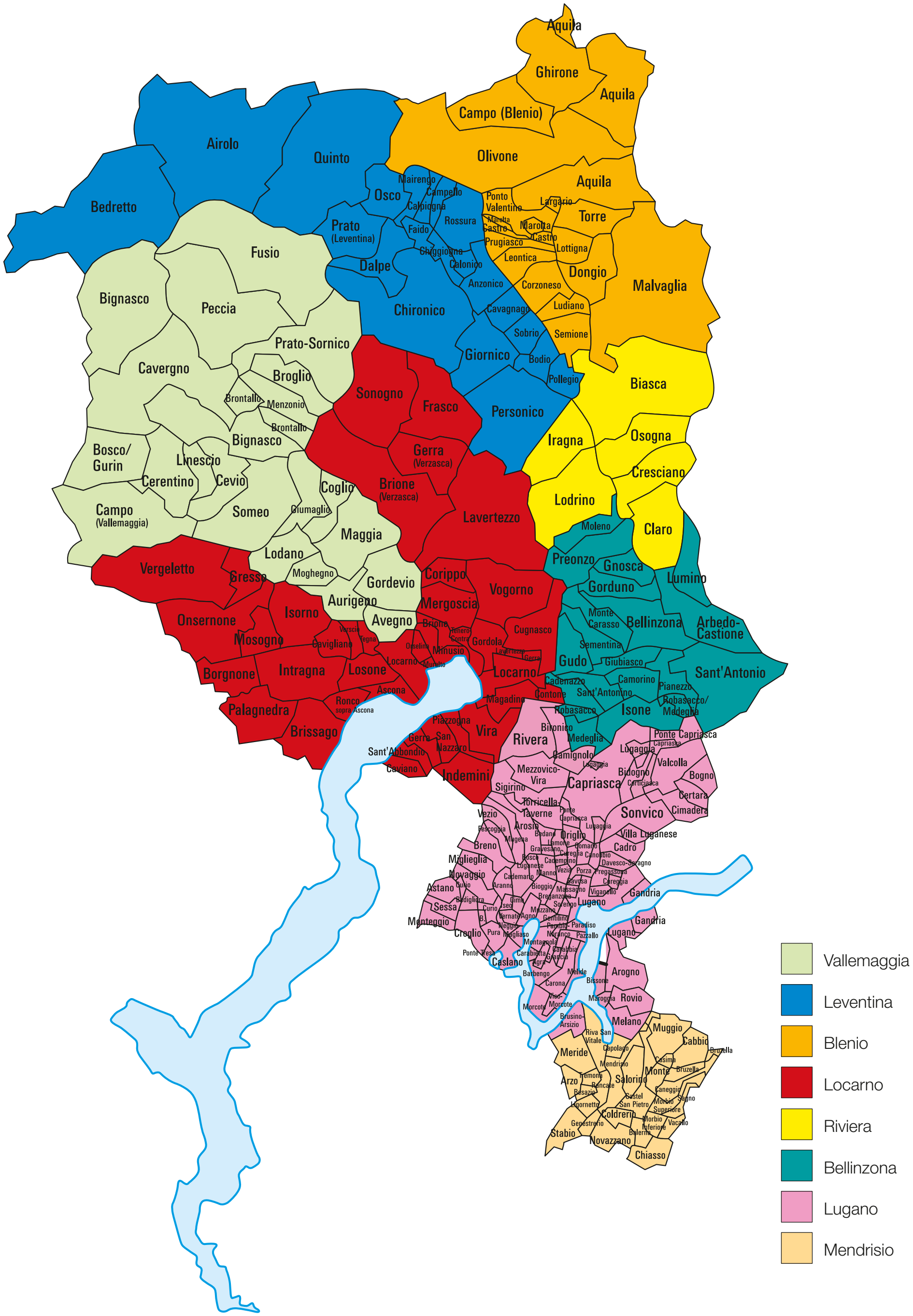Region Bristot 2009